## Terms for Unit 4:

## *Learning*

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| Classical Conditioning | Unconditioned response (UR) | Shaping |
| Ivan Pavlov | Conditioned response (CR) | Chaining |
| Unconditioned stimulus (UCS) | Operant Conditioning | Schedules of Reinforcement |
| Conditioned stimulus (CS) | B.F. Skinner | Continuous Reinforcement |
| Positive Reinforcement | Behavioral modification | Fixed Interval |
| Negative Reinforcement | Variable Interval | Fixed Ratio |
| Punishment | Variable Ratio | Extinction |
| Spontaneous Recovery | Generalization | Discrimination |
| Primary Reinforcer | Secondary Reinforcer | Social Learning |
| Albert Bandura | Latent Learning | John Watson |
| Law of Effect | Cognitive map | Insight |
| Intrinsic motivation | Extrinsic motivation | Learned helplessness |
| Mirror neurons | Internal locus of control | External locus of control |
| Problem- focused coping | Emotion-focused coping | Self-control |

Be sure that you can:

1. **Define** the term IN YOUR OWN WORDS. Try and keep the definition short, meaningful, and something that you can remember.
2. **Describe** a personal example.

